

Utility and/or Rent Assistance Resources

<u>Agency/Site Name</u>	<u>Telephone</u>	<u>Comments</u>
Call UNITED WAY 2-1-1 (211 OR 314-421-4636 OR 1-800-427-4626) Information & Referral Services. Call for critical health and human services, everyday needs and in time of crisis. 24-hour, 7-days a week availability. When appropriate, 2-1-1 specialists can connect callers directly with a service provider, eliminating the need to make another telephone call.		
Adequate Housing for Missourians	314-863-0015 x462	Security Deposit/Subsidized Housing/Mortgage assistance in St. Louis County only.
American Red Cross	314-516-2700	Mortgage for St. Louis County only
AT&T Missouri	1-800-288-2020	Offers 2 discounted telephone service plans to make basic phone service even more affordable for qualified customers; find application and requirements online at http://www.att.com/gen/general?pid=10639
Cardinal Ritter Senior Services	314-918-2258	Utilities only. Clients must be 60 years of age and older. City residents in threat of disconnect.
Catholic Charities		
Father Tolton Center	314-385-3446	63106, 63107, 63112, 63113, 63115, 63120, 63147.
Midtown Center	314-534-1180	Zip Codes 63104, 63110. Last \$50 only
St. Jane Center	314-383-6539	North St. Louis County only.
Southside	314-773-6100	Serves zip codes 63110, 63111, 63118, 63139
Comm. Action Agency of St. Louis County CAASTL	314-863-0015	St. Louis County only, except Wellston. LIHEAP/ECIP for Gas (expired 3/31/08)
Community Helping Ministry	314-770-2216	Only residents of Pattonville School District and the City of St. Ann
Crisis Nursery	314-768-3201	Funds for active clients in the Follow-Up program.
Doorways/Interfaith Residence	314-535-1919	Clients must be HIV positive & in case management. Existing clients only.
Energy Care	314-773-5900	No boundaries
Franciscan Connection	314-773-8485	63118 and part of 63111
Guardian Angel Settlement Assoc. @ Hosea House	314-773-9027	Funding available for 63104 & 63118.
Hope Hotline	1-888-995-4673	Free foreclosure prevention counseling for homeowners

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Housing Resource Center	314-802-5444	Rent & Mortgage for City & County residents, 1st Month Rent, No Section 8.
Human Development Corp. (Energy Program)	314-535-7607	City residents & Wellston. LIHEAP/ECIP for Gas ended 3/31/08.
Southside Gateway	314-631-0019	63104, 63108, 63109, 63110, 63111, 63116, 63118, partial zip codes 63103, 63139
Northside Gateway	314-535-7484	63112, 63115, 63147, partial zip codes 63108, 63113, 63120
Wellston Gateway	314-613-2311	Zip codes 63112, 63120, 63133 - Wellston
Northeast Gateway	314-613-2154	Zip codes 63101, 63102, 63103, 63106, 63107, partial zip code 63108
Isaiah 58 Ministries	314-776-1410	N - Chouteau, S - Chippewa, E - Jefferson, W - Kingshighway
Jewish Family & Children's Services	314-993-1000	Funding available to Jewish clients only
Joint Neighborhood Ministry	314-771-3987	63118 and part of 63104
Lutheran Family & Children's Services	314-787-5100	
Lutheran Senior Services	314-446-2475	60+ or 50+ w/disability. Referring agency should call.
Metro Christian Worship Center	314-772-8444	
MSD - Low Income Sewer Relief Program	1-866-281-5737	Metropolitan Sewer District - Program available to single family homeowners may qualify for 50% reduction on sewer bill. Application on website
Mid East Area Agency on Aging	636-207-0847	Client must be 60+ years of age & live in any of these COUNTIES: St. Louis, Jefferson, Franklin, and St. Charles.
New Life Evangelistic Center	314-421-3020	
PAKT	314-524-2710	63043, 63044, 63074, 63114, 63121, 63130, 63132, 63133, 63134, 63140
PARAQUAD	314-289-4200	Only for persons with disabilities that have been active clients at least 30 days
Patch Neighborhood Center	314-638-0150	63111
St. Augustine's - Fr. Bob	314-385-1934	Match Funds
St. Louis Adventist Comm. Services	314-429-0216	County residents.

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St. Louis Connecting & Assisting Neighborhoods	314-383-0592	63107, 63115, 63120, 63136 need disconnect notice/last dollars
St. Louis Effort for AIDS	314-645-6451	AIDS or HIV+ Only - must go through case management
St. Patrick Center	314-802-0700	Last \$100 for CITY residents ONLY. Must be 30 days delinquent on rent.
St. Vincent dePaul, Society of	314-531-7837	Availability may vary by parish. Call for local chapter #.
Salvation Army	314-646-3000	
Gateway (Formerly Carondelet)	314-631-1133	63026, 63111, 63023, 63123, 63125, 63126, 63127, 63128, 63129
Euclid Corps	314-531-5621	63106, 63107, 63108, 63112, 63113, 63115, 63137, 63147
Maplewood Corps	314-781-5434	63011, 63021, 63025, 63038, 63088, 63105, 63117, 63119, 63122, 63131, 63143, 63144
Temple Corps	314-771-3460	63101, 63102, 63103, 63104, 63109, 63110, 63116, 63118, 63139
Strafford Commons	314-389-9302	63031, 63033, 63034, 63120, 63121, 63130, 63133, 63135, 63136, 63138, 63140
West Page Corps	314-423-7012	63005, 63017, 63018, 63040, 63042, 63043, 63044, 63045, 63074, 63114, 63124, 63132, 63134, 63141, 63145, 63146.
Trinity Lutheran Church	314-231-4092	Serves 63104. Call M-F 9am-12pm.
Urban League - Grandel Square	314-615-3600	City residents
Urban League - St. Louis County Operations	314-388-9840	County residents
Webster Rock Hill Ministries	314-961-5082	Limited to Webster Groves & Rock Hill residents - 63119

DO NOT LET UNPAID BILLS ACCUMULATE. SEEK HELP EARLY!

- Call a social service agency in your area to see if they have an assistance program, such as your church, the Catholic Church, Salvation Army or United Way. Call them weekly or as suggested.
- Understand how and why you were short this month.
- See if you qualify for additional services, such as area Food Pantries. This may free up money for rent and utilities.

When you require assistance, most agencies will need:

- Proof of income and monthly expenses
- Proof of address, such as Photo ID and copy of current bill.

TIPS:

- **PLAN AHEAD.** Consider budget billing and ask utility companies if you qualify for any low-income or special programs.
- Pay your bills on time to avoid late fees.
- In the summer, set your thermostat as high as comfortably possible. The less difference between the indoor and outdoor temperatures, the lower your overall cooling bill will be. Try setting it at 78°.
- Using fans can help create an air flow that will make your home more comfortable. If you use an air conditioner, a ceiling fan will allow you to raise the thermostat setting about 4° with no reduction in your comfort.
- If your air conditioner is old, consider purchasing a new, energy-efficient model. You could save up to 50% on your utility bill for cooling. Look for the ENERGY STAR® and EnergyGuide labels.
- Limit the use of your oven in the summer months. Use lids when cooking.
- Don't place lamps or TV sets near your air-conditioning thermostat. The thermostat senses heat from these appliances, which can cause the air conditioner to run longer than necessary.
- While running the air conditioner, keep the window coverings closed during the day to keep out direct sunlight.
- In the winter, keep the draperies and shades on your south facing windows open during the day to allow the sunlight to enter your home and closed at night to reduce the chill you may feel from cold windows.
- In the winter, set your thermostat as low as is comfortable when home. By resetting your programmable thermostat from 72 degrees to 65 degrees for eight hours a day (for instance, while no one is home or while everyone is tucked in bed) you can cut your heating bill by up to 10 percent.
- Weatherize your home — caulk and weatherstrip any doors and windows that leak air. In the winter, use heavy plastic on windows to keep out drafts.
- Replace furnace filters regularly. Keep equipment clean.
- Turn off your computer and monitor when not in use.
- Consider air-drying clothes on clothes lines or drying racks.
- Lower your water heater's thermostat to WARM/LOW or set at 120°. Your water heater accounts for 14% of your utility bill.
- Clean the lint filter in the dryer after every load. Periodically inspect your dryer vent to ensure it is not blocked.
- Consider a simple budget for your household. Evaluate expenses and set priorities. (Examples: Free TV vs. Cable or Satellite; one telephone line vs. land-line AND cell phone)